

## About Our Psychologist

Karen McKinnon has a Master of Educational Psychology and has over 14 years experience working with children with autism spectrum disorders. Karen has consulted to families throughout Australia and internationally and is the Site Director of Autism Partnership, Australia.

### Accreditations & Registrations

- Registered Psychologist in Victoria
- Member of the Australian Psychological Society's Autism and Pervasive Developmental Disorders Identified Practitioners list
- Approved Medicare Provider
- Autism Partnership is an approved service provider for the *Helping Children with Autism* package

[www.autismpartnership.com.au](http://www.autismpartnership.com.au)

## CONTACT AUTISM PARTNERSHIP

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Essendon, VIC. 3040  
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**Website** [www.autismpartnership.com.au](http://www.autismpartnership.com.au)



Autism Partnership is an agency dedicated to improving the outcomes of children with autism spectrum disorders



Psychological Consultation  
and Assessment

## Services

Psychological consultation with Autism Partnership aims to provide *practical strategies* to assist in specific areas of concern identified by you. Our approach is based on the scientific techniques of Applied Behaviour Analysis (ABA), which include breaking complex skills down into easily teachable parts, and providing positive reinforcement for appropriate behaviours.

### Areas We Can Address

- Reducing challenging behaviours including frustration, non-compliance, anxiety, tantrums/ outbursts, aggression, self-stimulatory behaviour, self-injury, or other challenges
- Sibling issues & interaction
- Developing social skills
- Fussy eaters/ eating issues
- Self-help skills, such as toileting, dressing, managing free time, and household chores
- Strategies for parents to feel more effective in managing their children and home life
- School/ pre-school readiness skills

## Consultation

Our psychologist can provide 6-18 sessions with you/your child, focusing intensively on a number of problem areas we identify together.

### Session 1 Initial Consultation

1.5 hours, at our clinic

Includes meeting your child, information sharing, and formal assessment where needed.

**Initial Consultation Fee: \$350**

### Sessions 2-18 Ongoing Consultation

1-1.5 hours per session

Session usually occur at our clinic, with occasional school/home visits as needed

**Fee: \$155 per hour (clinic)  
\$175 per hour (outreach)**

## FUNDING REBATES AVAILABLE

Rebates are available via the *Helping Children With Autism* package and Medicare initiatives. Contact us for information regarding eligibility for rebates

## Assessment

Our psychologist can conduct psychological assessments for your child. Assessments can include:

- Intellectual assessment
- Adaptive behaviour and daily living skills
- Social skills
- Behaviour (e.g., anxiety)

### Purpose of Assessment

The purpose of assessment may be to:

- Gain insight into the unique profile of skills and deficits of your child, and outline educational goals accordingly
- Provide a measure of your child's performance prior to commencing a treatment program, and assess progress over time
- Provide supporting documents for the "Program For Students with Disabilities" applications required for school support, or for kindergarten support applications

**Fee for Assessment: \$155 per hour (clinic)**

Includes assessment & interpretation, report and follow-up feedback session as required.